Sand wich Menu - Served Daily 12.00 until 19.00
All served with salted crisps and a dressed leaf salad, on your choice of white, brown or gluten free bread.

Egg Mayo (V) Eress (D,E,G,Mu) £7.50
Mustard Mayo \& Cress (D,E,G,Mu)
Grilled Chicken Salad
Roasted Tomato, Sweetcorn \& Bacon (D,E,G)
Ham \& Pickle
Slow cooked Ham, Mustard Mayo, Lettuce \& Picalilli (D,E,G,Mu,Sd)
Bacon, Brie, Chilli Jam \& Rocket (D,E,G,Sd)

## Rare Roast Beef

Blue Cheese Mayo, Red Onions, Tomato \& Salad (D,E,G,Mu)

## Roasted Mediterranean Vegetables (V)

Tomato Salsa, Grilled Feta \& Rocket (D,G)

## Smoked Salmon

Avocado, Salad \& Mayo (F,D,E,G)
Sides
Skinny Fries
Chunky Chips £4.50
Cheesy Chips (D) £5.50
Beer Battered Onion Rings (D,G,Sd) £4.50
Garlic Bread (D,G)

Desserts
Selection of Ice Creams \& Sorbets (V) (3 Scoops)
Please Ask Server for Daily Selection (D)
Sticky Toffee Pudding (V)
Malted Caramel Sauce \& Vanilla Ice Cream (D,E,G,Sd)
Chocolate \& Salted Caramel Brownie (V) £7.50
Vanilla Ice Cream (D,G)
Lemon Tart (V)
Raspberry Sorbet (D,G)

## Vegetarian (V) | Vegan (VE)

(C) Crustaceans, (Ce) Celery, (D) Dairy, (E) Egg, (F) Fish, (G) Gluten, (L) Lupin, (Mol) Molluscs (Mu) Mustard, (N) Nuts, (P) Peanuts, (S) Soya, (Sd) Sulphur dioxide, (Se) Sesame Seeds

Due to the production of food in our kitchen taking place in the same busy space where we handle allergens, we cannot guarantee that any of our items do not contain traces of the above-mentioned allergens. Please take care. If you have any concerns or questions about any of the ingredients in our food or drinks, hen please speak to a member of staff, they will be happy to help

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## Menu

Served daily 12.00 until 21.30

## Salads

## Chicken Caesar Salad

Anchovies, Baby Gem, Caesar Dressing, Bacon Crumb (D,E,F)
Small Large $£ 8.00$ | $£ 13.50$
$£ 8.00$ | $£ 13.50$

## Beetroot \& Goats Cheese Salad (V)

Chickpeas, Watercress \& Mustard Dressing (D,Mu)

## Light Bites

French Onion Soup (V)
Cheesy Toast (D,G)
Caribbean Jerk Chicken Wings
Chipotle Mayonnaise with Avocado, Pineapple \& Cucumber Salad (D,E)

## Fried Scampi

Tartar Sauce, Lemon \& Fries (Cr,D,G,Mu)
Cheesy Nachos (V)
Guacamole, Sour Cream, Chillies, Jalapenos, Salsa (D,G,Se)

Stone Baked Pizza
Margherita (V)

Mozzarella, Parmesan \& Rocket (D,G)

## Meat Feast

Mozzarella, Pepperoni, Bacon, Ham \& Sausage (D,G)
Spicy Chicken
Mozzarella, Chicken Breast, Nduja Sausage, Jalapenos \& Rocket (D,G)

## Toasted Sandwiches

All served with salted crisps and a dressed leaf salad, on your choice of white, brown or gluten free bread.

## Croque Monsieur <br> Ham, Cheddar Cheese, Béchamel Sauce \& Dijon Mustard (D,F,G,Mu,Sd)

## Triple Cheese (V)

Gruyere, Cheddar \& Brie (D,G)

## Meatball Marinara

## Sharing Baskets

## Ocean Basket

$£ 16.00$
King Prawns, Scampi, Fish Bites, Fries, Tartar Sauce \& Aioli (Cr,D,E,G,Mu)

## Meat Basket

$£ 16.00$
Chicken Wings, Meatballs, Sausage Bites, Fries, Sweet Chilli \& Aioli (D,E,G,Mu,Sd)

## Main Meals

## Ham, Egg \& Chips

Piccalilli \& Salad Garnish (E,G,Mu,Sd)

## Sausages \& Mash

Three Sussex Pork Sausages, Creamed Mash Potato \& Onion Gravy (D,G,Sd)

## Vegan Curry (VE)

Sticky Basmati Rice, Poppadum, Mango Chutney (G,N)

## Goan Chicken Curry

Sticky Basmati Rice, Poppadum, Mango Chutney (G,N)
Burgers

## Chargrilled Beef Burger

Mayo, Chunky Pickle, Salad Garnish, Brioche Bun \& Skinny Fries (D,G)

## Crispy Chicken Burger

BBQ Sauce, Chunky Pickle, Jalapenos, Salad Garnish, Brioche Bun \& Skinny Fries (D,E,G)

Gourmet Vegan Burger (VE)
Burger made from Black beans, Chick Peas, Beetroot, Jackfruit \& Nuts served with sliced Gherkin, Salad Garnish, Pretzel Bun \& Skinny Fries (G,N)

## Fish Burger

Fish Fingers, Tartar Sauce, Salad Garnish, Brioche Bun \& Skinny Fries (D,E,F,G)
Add Bacon, Cheese or Fried Egg for $£ 1.00$ (D, E)
Smaller Dishes
(ideal for younger children \& those with smaller appetites)
Two Chicken Goujons, Fries \& Peas (D,G)
Two Sausages, Fries \& Beans (G)
Two Fish Fingers, Fries \& Peas (D,F,G)


[^0]:    Prices include VAT at standard rate. Please see list of allergens

